



High Risk Choking Foods



Hard dry crumbly foods (eg. Cookies, crackers, chips, etc)



Grapes



Nuts and seeds

Hard or small candies

Popcorn

Dried fruit (eg. Raisin, cranberries, currants, etc)



Raw Vegetables



Hot dogs and sausages in casing



Meat with bones or gristle and fish with bones



Raw, hard fruit (eg. Apples, pears, etc)

Stringy, fibrous fruits (eg. Oranges, pineapple, etc)

Bananas



Bread Products



Peanut butter and peanut butter sandwiches



Dry meat

Tough, stringy meat



Mixed consistency foods (Solid particles in thin fluids eg. Dry cereal with milk, canned fruit, etc)



Corn, dry rice and other small grains

(eg. barley, quinoa, etc)



Marshmallows

Chewing gum